



SEPARATED / DIVORCED SUPPORT GROUP

Life changes are never easy.

After a separation or divorce, you may be feeling isolated.

Are you in need of support and healing to adjust to your new life?

Do you want to share and learn with others?

Are you ready to learn the skills for your journey?

Do you want to rebuild your life, turning pain into a growth experience?

Come together with others to realize there is a 'second act'.

Join us on the 3rd Tuesday of every month - 7:30-8:30 pm

Feel free to come early and join our Parish in prayer - 7:00pm Mass.

We will meet in the Parish Centre (basement) at 7:30pm.

****See the back of this flyer for dates****

St. Michael Catholic Church

80 University Ave. W. Waterloo, ON

To register: Phone 519-884-9311, or Email: parish@stmichaelw.ca

Visit our website for dates and more information:

stmichaelw.ca – Ministries – Separated and Divorced

Relax, experience support, make new acquaintances and see a glimmer of hope for a healthy and satisfying life.

There is no fee. Everyone is welcome.

Act II is an informal support group for those who are, have been, or are going through separation or divorce. Portions of the program content is based on the book "Rebuilding - When Your Relationship Ends", and "Divorce and Beyond". This program is endorsed by the Diocese of Hamilton.



Monthly Support Group (Informal / Social / Sharing)

3rd Tuesday of every month 7:30-8:30pm

2024 SEPARATED / DIVORCED SUPPORT GROUP DATES

**January 16, February 20, March 19, April 16, May 21, June 18,
September 17, October 15, November 19, December 17**

**2025 SEPARATED/DIVORCED SUPPORT GROUP DATES are available on our
website, or by contacting our parish office:**

Act II - Separated/Divorced Support - St. Michael Roman Catholic Church

*Visit our website – stmichaelw.ca – Ministries – Separated / Divorced Support,
or contact our Parish office for more information.*

August 2024