

# Calling ALL MOMS!

### YOU ARE INVITED A MONTHLY GATHERING!

**DID YOU KNOW** that close to your child's school, there is a community of Catholic women ready to listen, ready to inspire and ready to cheer you on in your role as a mom?

St. Benedict's parish has a Catholic Moms Group that meets once a month, to discuss the trials and tribulations of being a Catholic mom.

Motherhood is a vocation, a call from God. Whether you're a mom to a newborn, or your children are in their teens, or even older – there is always a new triumph or challenge to face. Our Catholic faith is filled to the brim with many spiritual tools and resources. Learn about them. Visit our Mothers Group and discover the joys of having good solid Catholic girlfriends.



## MEET LIKE-MINDED MOMS IN YOUR COMMUNITY!

## WHY JOIN MOTHERS GROUP?

Make new friends
Become the best mom you can be
Discover a spiritual program
Experience community
Get encouragement
Learn about your faith
Be refreshed by prayer
Get practical parenting tips





NOTE: This is a program provided by Dynamic Women Association of Ontario (DWAO).

Consider it your monthly retreat in the city.

COME WHEN YOU CAN! GET AWAY FROM
THE HUSTLE AND BUSTLE OF LIFE TO CONNECT
WITH YOUR SPIRITUALITY.

## UPCOMING MOTHERS GROUP MEETING DATES AT ST. BENEDICT'S PARISH

### MEETINGS: WEDNESDAYS 8PM - 9:30PM

Wednesday, September 20, 2023
Wednesday, October 11, 2023
Wednesday, November 15, 2023
Wednesday, December 13, 2023
Wednesday, January 17, 2024
Wednesday, February 21, 2024
Wednesday, March 13, 2024
Wednesday, April 17, 2024
Wednesday, May 15, 2024
Wednesday, June 19, 2024
Wednesday, July 17, 2024
Wednesday, July 17, 2024
Wednesday, August 21, 2024



Come to the Dynamic Women of Faith Conference on Saturday, March 23, 2024 www.DynamicWomenFaith.com

### **CONTACT INFORMATION**

Nelcy Lopez can be reached at: stbenedictsh@catholicmomsgroup.com

## VISIT OUR WEBSITE & SIGN UP FOR EMAIL NOTIFICATIONS

Before coming out to a Mothers Group meeting, be sure to visit the website *CatholicMomsGroup*. *com/calendar* to check for unforeseen changes in scheduling. Unexpected changes do rarely happen!

Please visit our website at *CatholicMomsGroup.com* and go to SUBSCRIBE button at the very top menu. When you subscribe our newsletter, you will be notified of upcoming meetings and special events.

Find us on Facebook! Our page is called I Love My Catholic Moms Group. Give us a LIKE! Discover the joy! Read great inspiring articles that come through your news feed. We are on Instagram, Twitter and Pinterest too!

- **■** ILoveMyCatholic
- **f** CatholicMomsGroup
- ▶ Search: I Love My Catholic Moms Group
- **▶** Search: Midday Moms
- **9** DorothyPilarski/i-love-my-catholic-moms-group
- © CatholicMomsGroup

#### BECOME A VOLUNTEER OR DONATE

Our Mothers Groups are always on the lookout for generous, fun-loving, hard-working volunteers! Do you like to write? Submit a blog post. Are you good on the phone? We need telephone helpers! Have you considered starting a Mothers Group at another parish? We do have leadership training programs. If you would love to help or donate, give us a call or make online donation using a MAKE DONATION button at the very top menu on our website www.CatholicMomsGroup.com