WHAT IS PALLIATIVE CARE

PALLIATIVE CARE:
- Improves the quality of life of the patient and their family
- Is of assistance at any stage of a life threatening illness
- Prevents and relieves suffering

FOUR PILLARS OF PALLIATIVE CARE

PHYSICAL
Relieve pain and physical suffering

EMOTIONAL
Help with anxiety and depression

SPIRITUAL
Bringing peace and placing importance on meaning / value of life

SOCIAL
Helping mend relationships at the end of life

THE PALLIATIVE APPROACH OFFERS:

PATIENT CENTERED CARE
In order to improve the quality of life, a patient centered care approach is vital. Help with defining wishes and goals assist the patient to obtain the type of care they want.

SUPPORT FOR THE CAREGIVER
The role of the caregiver is a vital one and there are many resources to assist. Caregiver skills can be enhanced with the right information. (Visit St. Augustine’s website to see our Care Giver Guide.)

THE PALLIATIVE APPROACH IS TEAM BASED
Many healthcare professionals can be involved in meeting the needs of the patient and family.

LEARN MORE ABOUT PALLIATIVE CARE
Please call: Family Ministry.
905-528-7988 ext 2250
thatnett@hamiltondiocese.com

INFORMATION PROVIDED BY THE COMPASSIONATE CARE COMMITTEE AT:

Diocese of Hamilton
700 King Street West, Hamilton, Ontario, Canada L8P 6C7